**BICYCLE SERVICE**

**Professional People, Training & Tools!**

When you bring your bike to the **Trek Bicycle Store** for repair, you can expect a thorough assessment, accurate estimate and reliable completion of all service.

Our stores are recognized throughout the region for our proven expertise in bicycle

When you bring in your bike for service, we always start with a free, no-obligation estimate of the work that's needed. One of our service pros will discuss your bicycle with you and carefully explain what we recommend, always respecting your choices and your budget.

**We're service pros**  
Our service staff is professionally trained to work on all bicycle models, not just the ones we sell. So, whether it’s a minor tune-up or a major overhaul where we go completely through your bicycle and get it running like new, you can count on us to do the job right the first time, every time.  
  
**Walk-ins are welcome**  
Getting ready for a ride and discovered that a tire's gone flat? Did you hit a pothole and knock your wheel out of true? Sometimes you can't plan when your bike needs attention.

Why not bring it in?

If we can fix it on the spot, we will. And if we need more time, we'll let you know when to stop by to pick it up. Come in, call or email us soon so we can make that important repair or adjustment and get you back on your bike ASAP.

**Appointments are helpful**  
If you prefer the convenience of an appointment, we'll let you know how long the repair will take so that you can plan accordingly. If it’ll be ready quickly, you might want to check out what's new in our store while you’re waiting.

If you’re going to run some errands while your bike's being fixed, just give us a number where we can reach you in case we have any questions.

**Thank you!**

WE ARE SERVCE PRO’S

we're fitting your body. Building a proper position takes into consideration not only your skeletal dimensions,  but your muscles, tendons and ligaments in their current state of flexibility, strength and mobility.

Our techniques are based on biomechanical assessments that have been developed to address the specific needs of cyclists and triathletes. Physical therapists, aerodynamicists, medical doctors, exercise kinesiologists, chiropractors and structural engineers are just a few people that are continually involved the development of our fitting protocols.

Our fit protocols focus on optimizing the following key components:

* 1. Power Output
  2. Efficiency
  3. Aerodynamics (when applicable)
  4. Comfort
  5. Stability

1. **Existing Bike Fit:**  
   Designed to enhance performance and comfort as best as possible on your existing bike. This fit starts with a detailed personal interview followed by comprehensive assessments of your biomechanics, range of motion/flexibility in key cycling muscle groups, core stability and alignment needs. You will receive a worksheet, documenting your position, that can be used to set up any bike.
2. ***Time needed: 1.5 to 2.5 hours***
4. **New Bike Fit:**  
   The best first step if you are searching for a new bike. This fitting includes all that is listed in an Existing Bike Fit as well as an individualized product consultation with recommendations for proper setup. You will receive all the dimensions and component sizes needed to have a stock bike set-up to your position.
5. ***Time needed: 2 to 3 hours.***
7. **Performance Analysis Fit:**  
   Designed for the athlete who wants to optimize performance and efficiency; this is our most complete fit. Performance Analysis includes all that is in the other fit levels and goes farther to optimize your position. We use the Compu-Trainer system to measure power output and spin in detail while optimizing your aerodynamics. The average speed increase gained is greater than what a pair of aero wheels offers at about a third of the price. (**This fit available by location, please check with your**[**local Trek Bicycle Store**](http://trekbicyclestores.com/articles/contact-us-pg411.htm)**for details)**
8. **Time needed: 3 to 4 hours.**
10. **Pedal/Cleat Adjustment and Cant Alignment:**  
    Included in the Existing, New Bike and Performance Analysis fittings, but also available as a separate service. A Pedal/Cleat Alignment includes a biomechanical analysis of your feet and legs. Your cleats will be aligned properly to guarantee that your joints and muscles are powerful and safe while pedaling.
11. ***Time needed: 30 minutes.***
13. **General Fit Services:**  
    We are happy to address any fit issue (pain, numbness, etc.) that you have in mind.

SERVICE CHART

**Service Package Menu**  
For your convenience, choose one of our service packages to ensure a comprehensive repair and the best value. Package name, descriptions and availability may vary by location. Additional services also available. We guarantee a 72 hour turnaround on all repairs. **Contact the** [store nearest you](http://trekbicyclestores.com/articles/contact-us-pg411.htm) **for pricing and details.**

1. **Peak Performance Package**  
   For frequent riders or bikes operated in dirty conditions. Includes all Advanced Maintenance Package services PLUS drivetrain removal and cleaning. \*Parts Extra
2. **2. Advanced Maintenance Package**  
   Adjust shifting, braking, and wheel systems. Adjust hubs, headset, and bottom bracket. Lube cables, housing, and chain. \*Parts Extra\*
3. **3. Basic Maintenance Package**  
   Check and adjust shifting and braking systems. True front and rear wheels. \*Parts Extra\*
4. **4. Drivetrain Overhaul**  
   Remove and clean drivetrain components: chain, crankset, cassette/freewheel. Light cleaning and adjustment of the derailleurs. \*Parts Extra\*
5. **. Complete Overhaul Package**  
   Complete mechanical disassembly, inspection, and cleaning of frame and parts. Repack all bearing surfaces and rebuild. \*Parts Extra\*
6. **Professional Bicycle Build**  
   Expertly install and adjust all new componentry. Wheel building not included. (Build is free when frame and components are purchased here.) Chasing threads and facing bearing surfaces is also included.

**Join our 3 Year FlatFix program**

We are pleased to announce our new **3 Year FlatFix Program**. For a one-time fee, our stores will fix flat tires on qualifying bikes for three years. Visit the[Trek Bicycle Store](http://trekbicyclestores.com/articles/contact-us-pg411.htm) near you for more details!

**Get to know all of our professional bike fitters.**

Mark Savery  
  
**Store:**   
Omaha - Midtown  
  
**Years of Fit Experience:**   
Over 10 Years  
  
**Fit Certifications:**   
Serotta Professional Bike Fit Technician  
  
**Athletic Accomplishments:**   
2013 Masters World Cyclocross Champion  
2012 Masters National Cyclocross Championship Silver Medalist  
2012 USGP of Cyclocross Masters Champion  
2013 Nebraska State Mountain Bike Champion  
2011 Nebraska State Road Race Champion  
2010 Gravel World Championships Silver Medalist  
  
**Industry Accomplishments:**  
Co-Inventor of Mountain Bike Suspension Fork Lock-Out (US. Patent #6,120,049)   
Barnetts Certified Bicycle Technician  
Over 25+ years experience  
  
**What I like most about bike fitting:**  
Cycling success at any level begins with a proper bike fit. I've been obsessed with it since a teenager. Whether your goal is touring the back roads or racing, a proper fit is paramount to being comfortable and efficient. I use my years of experience as a road, mountain bike and cyclocross cyclist as well as an understanding of yoga and nutrition to ensure the best fit for you.  
  
**The best time to schedule a fit with me:**  
Flexible

I like working with people to solve their bike fit problems. It's a good feeling when they realize that they can be comfortable on a bike.  
  
**The best time to schedule a fit with me:**  
Monday through Thursday 9am-4pm.